**April 20 School News**

**Staff at Fielding Dr.P.S. like this tip from Dr. Vivek Murthy for families and youth: Limit the use of phones, tablets, game systems and computers** for at least one hour before bedtime and through the night to make sure you get enough sleep. Keep mealtimes and in-person gatherings device‑free to help build social bonds and engage in two‑way conversations with others. Connect with people in person and make unplugged interactions a daily priority.

**2024 Valuing Voices** - Identity Matters Student Survey. Our 2024 Student Survey is open until May 10th.  Grades 7 to 12 will complete at school.

**Bake and Book Sale (Friday April 26th) - Grade eight students and parents are holding a "Bake and Book Sale"** to raise funds for the grade 8 end of year activity. The sale will run throughout the day at school (9am-12pm) so students can purchase items and will stay open into the evening (4-8pm) so families can shop for a book and buy a baked treat. Most items $1.00.  Donations of baked goods (nut free with list of ingredients) and gently used books are kindly appreciated.  Donations can be dropped off at Room 127 (Christine Barrett).  This event will be run in parallel with the Scholastic Book Fair that will raise funds to support the school library.

**School Council - Scholastic book fair April 24 - 26.** The book fair will be open for classes to visit during the day and in the evening of Friday April 26 from 4:00 - 8:00 pm so families can come in together to purchase a book.

**Ms.Gwilliams homeroom is holding a Clothing Drive for students.** Her class learned about the environmental impact of making clothes and the importance of repair and reuse.  If you have clothing appropriate for children aged 9 to 13 in good condition and would like to donate, please send in on Tuesday April 23, or Wednesday, April 24. Classes will be able to visit the clothing drive during their classes regularly scheduled library period the week of April 29. . Please no undergarments, socks, or swimming suits.

**The Junior Choir attended ChoralFest 2024 -** Fun was had at Canterbury High School and the students did a great job singing with other schools.

**Thank you for your continued support!**